



**BE.
BELONG.
BECOME.**

Conversations and Connections

ANN THOMAS



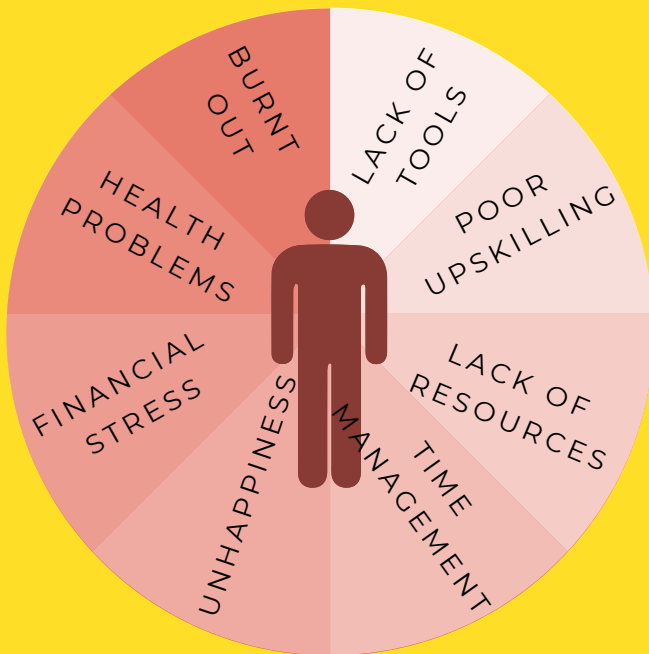
AN EVANGELIST AND AN ADVOCATE FOR CREATIVE, LIBERAL & INCLUSIVE EDUCATION

Ann started out as a journalist (television and print), produced television commercials, reality shows before teaching art and design students. She has worked closely with the management at design houses, institutions, start ups and media houses to design various internal processes, government organisations like BBMP and Namma Metro, to look at art and activism in public spaces.

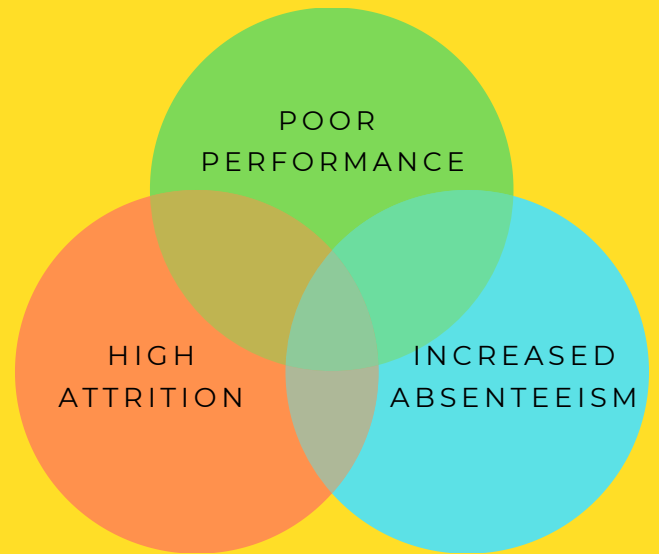
Working with design education has helped her see the value of empathy, vulnerability and disruption in making learning 'transformational'. She works with educators to help them to lead engaging classrooms and students to inspire them to take up careers that stem from their strengths.

Ann believes in story telling and open communication. The world will change when we talk - openly and instinctively about issues, uncomfortable issues. She also writes about her journey as a parent raising her defiant and non-conformist sons, both of whom she hopes will grow into empathetic humanists.

THE PRESSING NEED



STRUGGLES AT INDIVIDUAL LEVELS



INSTITUTIONAL IMPACT

WHAT ANN AIMS TO ACHIEVE

Provide Strategies and Tools



Effective Classroom Engagement
Management of time and resources
Planning, Collaboration & Communication

Coping Mechanisms



Thrive with Change
Manage Stress
Evaluate Self and Upskill

Bring Empathy into Teaching



Understanding Personal Strengths
Allowing for failure
Recreate Positivity and Purpose



PROPOSAL



SESSIONS FOR TEACHERS

Through stories and research, these sessions intend to help any teacher across grades and subjects to create safe spaces and classroom settings where students are engaged, challenged, and transformed.

Strategies for The Classroom

- Tools for Effective Engagement
- Design Thinking for Your Classroom
- Making Learning Transformational
- Failing in Your Classroom
- You Matter - 'Teaching' in the Future
- Handling Differences

How to Thrive with Change

- You Matter - 'Teaching' in the Future
- STEM - STEAM - SHTEAM
- The Myth about Soft Skills.
- Future Ready?
- Learning in the Age of Digital Distraction.

Inclusive Education

- What is Inclusivity?
- The Elephant in the Room - Integration & SEN
- Understanding Differences & Special Needs
- Empathy in Teaching

Core Skills

- Planning - Quick & Dirty
- Assessment
- Communication
- Project Based Learning
- Changing Parenting Styles
- Balancing Time, Effort and Relationships

THE PRESSING NEED



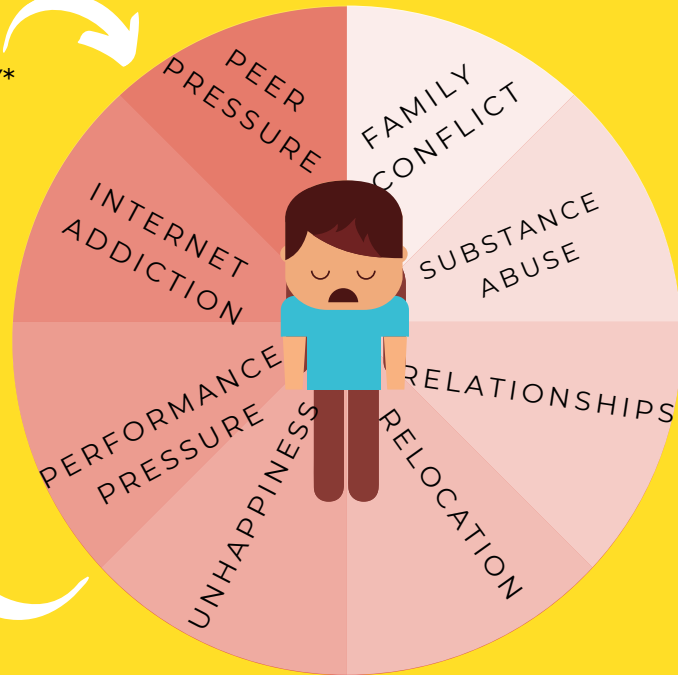
1 OUT OF 5 CHILDREN SUFFER FROM SOME LEVEL OF MENTAL MORBIDITY*

2019 NIMHANS REPORT - *MOOD DISORDERS, DEPRESSION, PTSD, DRUG ABUSE, ADHD, ANXIETY & SUICIDE ATTEMPTS



FIND THE RIGHT FIT

6 STUDENTS COMMIT SUICIDE EVERYDAY



WHAT ANN AIMS TO ACHIEVE

Provide Strategies and Tools



Create Realistic Expectations
Core Skill Development
Plan and Work with Special Needs
Understand and Evaluate Individual Goals

Coping Mechanisms

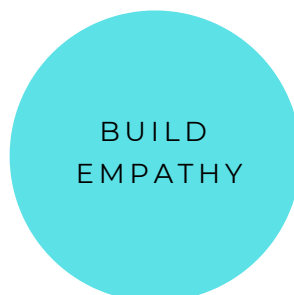


Thrive with Change and Manage Stress
Allowing for failure
Awareness & conversations on Mental Health

Bring Empathy



Understanding Personal Strengths
Positivity and Relationship Management
Accepting and Appreciating Differences



PROPOSAL



SESSIONS FOR STUDENTS / & PARENTS

Prepare Yourself

- Design Thinking for Your Life
- Learning for Life
- The Myth about Soft Skills
- Collaboration & Communication
- Find your Voice -Differences Count
- Learning in the Age of Digital Distraction

Plan Your Future

- STEM - STEAM - SHTEAM
- Future Ready?
- Empathy & Why it's Key
- Lessons in Resilience
- A Case for Creative and Liberal Education

Prepare Yourself

- Learning to keep up
- Conflict and The Argument Vortex
- Differences & Special Needs: An Overview
- Helping Your Child Find their Voice
- We are on the same team
- Raising Independent Beings

Plan Their Future

- What are my Options?
- Understanding Creative & Liberal Education
- Know your limits and boundaries
- Dealing with life's knocks
- Finding the Right Fit

CHOOSE YOUR FORMAT

SEMINAR



Designed for the training and enrichment of employees, a seminar is an intensive session that uses stories, student experiences and real world information to help one find their voice, gain insights into real world problems and open up possibilities for themselves.

DURATION: 60-90 MINUTES.

WORKSHOP

Interactive and Hands-on, be prepared to participate and get your hands dirty. We look at actionable strategies, pool our insights and gather resources to create a common ground and sense of purpose.



SHORT WORKSHOP: 45-90 MINUTES.

MEDIUM-LENGTH WORKSHOP: 90 MINUTES TO 3 HOURS.

LONG WORKSHOP: 3 HOURS +

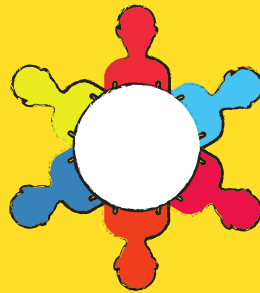
BOOTCAMP



Bite size learning experiences combined together in multiple formats. From a day long session to three days, the bootcamp is sure to get intensive. The bootcamp will provide opportunities to solve real-time messy problems, unlock new perspectives and insights to discover and create original ideas.

CHOOSE YOUR FORMAT

CREATE A MODULE



Create a learning module which combines all three formats.

- Design your experience for specific goals
- Effective for continuous professional development
- Sustain Motivation and Improved outcomes

KEY TAKE AWAYS

- e-Study materials
- Material box provided during sessions
- Specific Interventions, if necessary
- Guidance and Networking
- Post-Session mentoring for attendees.

"Unless someone like you cares a whole awful lot, nothing is going to get better. It's not."

Dr. Seuss



TO BOOK A SESSION:



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